

CLIENT INFORMATION FORM

Timothy F. Dowty, M.A., MFT

Last Name: _____ First Name: _____ MI: _____

Address: _____ City: _____ State: _____ Zip: _____

Home Phone: _____ Is it okay to call you at home? Yes No leave a message? Yes No

Other Phone: _____ Is this a cell phone? Yes No Okay to leave a message? Yes No

What is your current relationship status? _____ How long in this status? _____

Note: all information is held in strict confidence and privacy as per state and federal HIPAA regulations

Date of Birth: _____ Age: _____ Your Social Security #: _____

Emergency Contact Name: _____ Relationship: _____ Phone: _____

Address: _____ City: _____ State: _____ Zip: _____

List any health problems/medications you're taking: _____ How were you referred to me?

Have you used counseling before? Yes No With whom and when? _____

_____ Was it helpful? Yes No

Please list any children

Name	Age	In home?		Health Issues?	
		Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>

Name	Age	In home?		Health Issues?	
		Yes <input type="checkbox"/>	No <input type="checkbox"/>	Yes <input type="checkbox"/>	No <input type="checkbox"/>

What is your goal, or reason for being here today? _____

Over the past 2 weeks, have you experienced any:

	Not at All	Some what	A Lot
Anxiety, worry, or fear			
Racing thoughts			
Difficulty concentrating			
Sleep changes or problems			
Appetite changes			
Irritability and/or frustration			
Sadness and/or melancholy			
Loss of interest or motivation			

	Not at All	Some what	A Lot
Feelings of low self-esteem			
Feelings of guilt or worthlessness			
Frightening fantasies / daydreams			
Loss of interest in sex			
Unexplained physical symptoms			
Significant worry about your health			
Intruding thoughts or ideas			
Discouragement or hopelessness			

Suicidal Impulses (thoughts that life is not worth living, thoughts of killing yourself) _____

INSURANCE or EAP Data:

I'm paying privately I'm using my EAP (employee assistance program) benefits (if known) _____ EAP Program Name: _____ I'm using Military One Source

To correctly obtain reimbursement from your insurance or EAP program, it's necessary to collect the following info. Even when using EAP, insurance data helps ensure any necessary referrals made to you are covered, and to verify that when EAP visits are complete, you can transition to your insurance benefits for treatment if needed or desired. If you are using Military One Source the below is not necessary

Insurance Company: _____ Insurance ID: (From your insurance card) _____

Are you the policy holder? Yes No

Your Employer: (if a casino group, also indicate your property) _____

If you are not the policy holder:

Their Name: _____ Relationship to you: _____

Their Employer: _____ Their Date of Birth: _____

_____ Their Social Sec. #: _____

Statement of Understanding

Appointment Policy: Please give a *minimum of 24 hours notice* for cancellation. If 24 hour notice is not given, a \$50 fee will be assessed. **"NO SHOWS"** will also be assessed a \$50 fee. Please be advised that children cannot be left unattended in the waiting area. Appointments are generally 45 to 50 minutes. If you are late, it will impact your time in session. If for any reason I am late, you will have a complete session.

Financial policy: Payment is expected at the time of service. This can be done through insurance or EAP reimbursement (*exclusive of any co-payment or deductible*). To do so, you give me permission (for the purpose of billing and authorization of treatment) to exchange information about your treatment with your insurance company or EAP program. If you choose to waive these permissions, and seek reimbursement on your own, I can provide you with an appropriate invoice upon completion of treatment. If your insurance carrier or EAP program disallows a claim for services, or does not remit payment within 120 days, it will be your responsibility to pay the balance. My schedule of service fees is as follows:

Initial Assessment Session= \$100.00	Alcohol & Drug Assessment* = \$250.00
Individual Therapy Session = \$80.00	Written Letters or Report* = \$100.00 p/hour (\$50.00 minimum)
Couple Therapy Session = \$90.00	Court Involvement* = \$350.00 p/hour (Including travel)
Family Therapy Session = \$100.00	*not certified for Domestic Violence, CPS, or Probation Dept assessments.

I **do not** perform work disability (FLMA) assessments or return to work assessments.
I **do not** provide assessment or counseling services for any form of court related matters.

Crisis: If you have an emergency after hours, the following facilities offer emergency crisis service 24 hours a day, 7 days a week to both adults & adolescents. UMC offers services for children as well.

Spring Mountain Treatment Center
7000 Spring Mountain Rd
(702) 873-2400

University Medical Center
1800 W. Charleston Blvd
(702) 383-2000

Monte Vista Hospital
5900 West Rochelle Ave
364-1111

Agreement: By signing below, you give consent for treatment, and acknowledge that you have read, understand and agree with the terms as outlined in this statement of understanding. You also acknowledge being provided a copy of my privacy policy.

Signature: _____

Date: _____

As a mental health care provider (therapist), I will create and maintain treatment records that contain individually identifiable health information about you. The purpose of this policy is to explain the privacy and confidentiality of those records and the information contained therein, as well as how this information may be used and disclosed, how your records are protected, and your rights related to them. *(PLEASE REVIEW IT CAREFULLY)*

Terms Defined:

Personal health information (PHI) is any individually identifiable health information that is created or received by a health care provider (me), health plan, or others and relates to:

- 1) any physical or mental health condition of an individual (you);
- 2) the provision of health care (e.g., psychotherapy) to an individual (you);
- 3) the payment for the provision of health care to an individual (you).

Treatment is when I provide, coordinate or manage your health care and other services related to your health care. This *could* include consultation with another health care provider, such as your family physician or another therapist.

Use applies only to activities within my office such as sharing, employing, applying, utilizing, examining, and analyzing information that identifies you.

Disclosure applies to activities outside of my office, such as releasing, transferring, or providing access to information about you to other parties.

Health Care Operations are activities that relate to the performance and operation of my practice.

(Examples of health care operations are quality assessment and improvement activities, business-related matters such as audits and administrative services, and case management and care coordination.)

PLEASE NOTE: Confidentiality is vital part of your comfort level as well as achievement in therapy. As such, our **conversations** (i.e. anything we say to one another) are held in strictest confidence and are kept private. I hold this principle to be absolute.

Only in rare circumstances, as outlined in this policy, *could* some element of our conversation be disclosed. These circumstances usually involve injury or possible injury to yourself or others.

As detailed in **(NAC 641A.243)**, pursuant to Nevada Revised Statute 641A I am required to:

"prepare and maintain in a timely manner a record for each of his clients which: (a) Sets forth his assessment of the problems of the client, plan of action for the client, course of treatment for the client and progress notes regarding the course of treatment of the client; and; (b) Includes copies of other relevant documentation"

These are considered your "*Psychotherapy Notes*" and are kept separate from the rest of your PHI. They are also given a greater degree of protection.

Also, under no circumstances, are our conversations ever recorded, either in writing or via electronic means without your written consent.

There are however, some circumstances where PHI or other information relating to you can be released. These are as follows:

Uses / Disclosures Requiring Authorization

I may use or disclose PHI for purposes outside of treatment, payment, and health care operations when your appropriate authorization is obtained. I also need to obtain an authorization before releasing your psychotherapy notes.

An "authorization" is written permission above and beyond the general consent that permits only specific disclosures. In those instances when asked for information for purposes outside of treatment, payment and health care operations, I will obtain a written authorization from you before releasing this information.

You may revoke all such authorizations (of PHI or psychotherapy notes) at any time, provided each revocation is in writing. You may not revoke an authorization to the extent that I have relied on that authorization for any action; or if the authorization was obtained as a condition of obtaining insurance coverage.

Uses / Disclosures without Consent or Authorization

Please Note: *I, or my representative, may contact you to provide appointment reminders or information about treatment alternatives or other health-related benefits and services that may be of interest to you. Your prior written authorization is not required for such contact.*

I may use or disclose your PHI without written authorization, to carry out payment, or health care operations.

(Continued on Reverse)

Uses / Disclosures without Consent or Authorization

(continued)

If I become aware that you may be, or have direct knowledge of the, abusing, exploiting or neglecting a child under age 18, a developmentally disabled person, or an elderly person, a report must be made to the appropriate authorities.

If you are in such mental or emotional condition as to be dangerous to yourself or to the person or property of others, and if I determine that disclosure is necessary to prevent the threatened danger.

If you tell me of a serious threat (imminent) of physical violence to be committed by you against a reasonably identifiable victim or victims.

If disclosure is compelled by a court pursuant to an order of that court.

If disclosure is compelled by a board, commission, or administrative agency for purposes of adjudication pursuant to its lawful authority.

If disclosure is compelled by a party to a proceeding before a court or administrative agency pursuant to a subpoena, subpoena duces tecum (e.g., a subpoena for mental health records), notice to appear, or any provision authorizing discovery in a proceeding before a court or administrative agency.

If disclosure is compelled by a board, commission, or administrative agency pursuant to an investigative subpoena issued pursuant to its lawful authority.

If disclosure is compelled by an arbitrator or arbitration panel, when arbitration is lawfully requested by either party, pursuant to a subpoena duces tecum (e.g., a subpoena for mental health records), or any other provision authorizing discovery in a proceeding before an arbitrator or arbitration panel.

If disclosure is compelled by a search warrant lawfully issued to a governmental law enforcement agency.

If disclosure is compelled by the patient or the patient's representative by corresponding federal statutes or regulations (e.g., federal "HIPAA," regulations which requires this Notice).

If disclosure is compelled or permitted, in the event of your death, to the coroner in order to determine the cause of your death.

If disclosure is required or permitted to a health oversight agency for oversight activities authorized by law, including but limited to, audits, criminal or civil investigations, or licensure or disciplinary actions.

If disclosure is compelled by the U. S. Secretary of Health and Human Services to investigate or determine my compliance with federal regulations.

If disclosure is otherwise specifically required by law.

You're Rights

You have the right to request restrictions on certain uses and disclosures of protected health information about you, such as those necessary to carry out treatment, payment, or health care operations. I am not, however, required to agree to your requested restriction. If I do agree, a written record of the agreed upon restriction will be maintained.

You have the right to receive confidential communications of protected health information from me by alternative means or at alternative locations.

You have the right to inspect and copy protected health information about you by making a specific request to do so in writing. This right to inspect and copy is not absolute – in other words, I am permitted to deny access for specified reasons. For instance, you do not have this right of access regarding your "*Psychotherapy Notes.*"

You have the right to amend protected health information in your records by making a request to do so in a writing that provides a reason to support the requested amendment. This right to amend is not absolute – in other words, I am permitted to deny the requested amendment for specified reasons. You also have the right, subject to limitations, to provide me with a written addendum with respect to any item or statement in your records that you believe to be incorrect or incomplete and to have the addendum become a part of your record.

You have the right to receive an accounting from me of the disclosures of protected health information made by me in the six years prior to the date on which the accounting is requested. As with other rights, this right is not absolute. In other words, I am permitted to deny the request for specified reasons. I do not have to account for disclosures made in order to carry out treatment, payment or health care operations. I also do not have to account for disclosures of protected health information that are made with your written authorization.

Complaints

If you are concerned that your privacy rights have been violated, or you disagree with a decision regarding access to your records, first please discuss it with me. As a sole practitioner, I am this practice's *privacy officer*.

You may also send a written complaint to:

U.S. Department of Health and Human Services
2201 Sixth Ave., Suite 800,
Seattle, WA98121.

I reserve the right to change these policies and practices; however, unless I notify you of such changes, I am required to abide by the terms currently in effect. If these policies and practices change, you will be provided a copy of the revised notice.